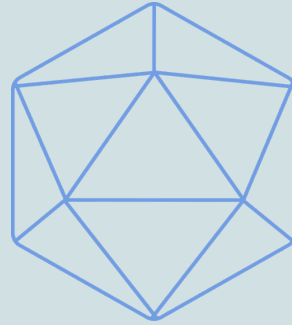
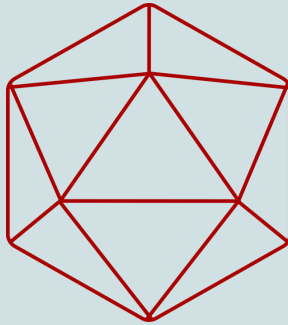
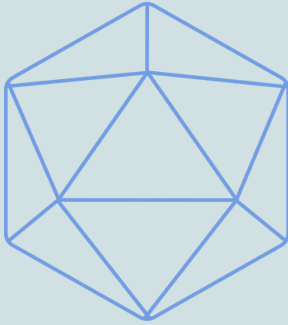


Therapeutic Role Playing Group **for Anxiety in Pre-Teens**



9 week group using table top role playing games to facilitate practice of social skills and anxiety management in youth ages 10y-12y
First session is an introduction to role playing as a therapeutic modality

Group format addresses:

Anxiety and mood regulation
Collaboration and teamwork
Problem solving
Empathy and relationship building
Decreasing isolation
Increasing positive social interactions with peers

Where: ARTrelief
51 Kondazian Street
Watertown, MA

When: Wednesdays from
5:00pm-6:30pm
Starting January 5th- March 2nd

\$38 per group-base rate
\$48-advance rate (allows funding for those unable to afford base rate)
\$342 for the series
Insurance accepted: MassHealth, Private Insurances

*Intake required: Please contact Kc Schuck, LMHC, ATR at 617-286-4051 or artrelief.kc@gmail.com to refer for an intake